

Hi! I'm Carey

T	V	D	R	V	G	H	F	U	B	T	M	N	I	J	C	H	U
F	K	X	L	K	L	J	L	J	T	W	S	B	T	R	A	D	N
O	J	B	Y	C	V	C	I	Q	B	O	T	B	B	T	M	L	F
R	H	H	G	A	H	X	B	W	O	M	Y	Z	D	F	B	R	L
M	S	U	K	R	X	T	O	L	E	R	A	N	C	E	R	F	A
U	Z	Q	T	E	Z	L	B	X	O	U	S	K	I	P	O	F	V
L	C	J	S	Y	G	I	P	D	E	I	O	Y	J	Q	O	W	O
A	H	Y	P	O	A	L	L	E	R	G	E	N	I	C	K	U	R
J	L	O	W	F	O	D	M	A	P	V	R	O	I	Y	E	V	E
F	H	G	V	Y	J	C	D	R	E	A	M	C	A	P	Y	T	D
C	C	B	E	S	S	E	N	T	I	A	L	I	C	Z	B	F	H
X	L	C	E	P	T	U	L	N	R	L	K	O	S	H	E	R	J

Find the following words in the puzzle. Words are hidden → and ↓

CAREY

CAMBROOKE

FORMULA

ESSENTIAL

UNFLAVORED

KOSHER

TOLERANCE

HYPOALLERGENIC

DREAMCAP

LOWFODMAP

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